

#### St. Mark Lutheran Church

# **CrossBeams**

A publication of St. Mark Lutheran Church, Mount Prospect, Illinois

# Volume 61, Issue 9 October, 2022 God's work "God's work. Our hands." Sunday



#### Inside this issue:

Pastor's Corner	2
Worship & Communion	3
Wellness, Polka Concert, Good Neighbors, & Community Meal	4
American Indian Alaskan Native Ministry	5
Plug into Fellowship Events	6
Thoughts from the Loft & More	7
Pictures	8
Update from the Treasurer & More	9
Senior Lunch Bunch & More	10
WELCA	П
Thank You	12
Research Study	13
Preschool Fall Fest	14
Calendar of Events	15

#### Page 2



"We do not know where you are going! How can we know the way?"

So says the disciple Thomas to Jesus in the 14th Chapter of John. What a great statement. It is a statement that resounds in my heart so often, especially these days. "God, I don't know where you are going! How can I know the way?" Things are changing. The world is

changing. Church is changing. What the future looks like is particularly unclear. This is true for St. Mark, but also true for so many neighbor congregations and communities. We are not alone in this. In some moments knowing we are not alone is comforting. And in others, it still doesn't stop the sometimes exasperated, sometimes confused, sometimes sorrowful, sometimes fearful, sometimes frustrated words coming from my heart in prayer: "God we don't know where you are going! How can we know the way."

And Jesus' words to Thomas then are Jesus' words to us now: "I am the way, the truth, the life."

When we don't know the way, Jesus is our way, our truth, our life. Always.

Recently we welcomed Assistant to the Bishop Rev. Kathy Nolte to St. Mark for a presentation on "Realigning Building with Mission." We invited her as we work on the Council



priority to consider our buildings and how we can better utilize them. Pastor Kathy shared with us great wisdom. She normalized all the questions we are asking as a congregation, the struggles we are having with budget deficits, aging buildings and the challenges of emerging from the Pandemic. She helped us feel not alone. And she also reminded us of what we are here for. She reminded us that buildings are here to help us share the gospel. She reminded us that our goal, our mission, is always to spread the gospel. She reminded us that everything we do, every decision we make, is to spread the good news of Jesus Christ. In a sense, she reminded us that Jesus is our way, our truth, our life. Jesus is the way, the truth, the life of St. Mark, and our way into whatever it is God has in store for us. We should not do this without Jesus. We cannot do this without Jesus.

St. Mark's stated mission is "Nourishing God's People: Body, Mind and Spirit." But that is simply another way to say that we are serving up Jesus in all sorts of ways to nourish the hunger of the world. We serve up Jesus when we serve a meal in our PADS ministry, nourishing the body. We serve up Jesus when we share the stories of the faith in our Children and Youth Ministries, nourishing the mind. We serve up Jesus when we worship, in song, in Scripture, in community, in the meal of Eucharist, nourishing the spirit. We serve up Jesus and Christian community when we reach out and welcome in, nourishing the body, mind and spirit all. Jesus is our way, our truth, our life.

There are times, like now, when we do not know the way forward. It isn't a clear path out to the horizon. We do not know where we are going, how can we know the way? When Deacon David and I were in the midst of the challenging time of waiting for our first call to ministry, we often didn't know the next 10 steps, the path to the horizon was not clear. But we were asked by a Spiritual Director to prayerfully consider what the next right step was, and then to do that, and then to pray and discern the next right step, and step by Jesus-led step we found our way. We may not know the whole way forward, but we do know something. Jesus is the way, the truth, the life. Continuing to hold Jesus and our mission in Christ before us is the way forward, step by step.

Here are a few steps that have felt like the next right steps:

- Forming a Future Planning team to look at finances and building needs
- Inviting Rev. Kathy Nolte to visit- which was a great step to remind us of our mission
- Exploring all our assets, digging into possibilities, trying to get the big picture of St. Mark and all that we have to share and utilize before us, not to make decisions right now, but to prepare us to make informed decisions
- Reconnecting with our members
- Connecting with our community
- Emphasizing God's Abundance and our call to Share God's Abundance through our Stewardship focus

As we take these next steps, we continue to work to live our mission to spread the gospel.

I conclude with one of my favorite prayers, as found in the Evangelical Lutheran Worship Evening Prayer: O God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; through Jesus Christ our Lord. Amen.

Peace, Pastor Christie



Worship with us in person Sundays at 10am

## Or Worship online with us on Facebook Live at 10am

https://www.facebook.com/ StMarkLutheranIL/ then posted later to our YouTube Channel https://tinyurl.com/stmarkmpyoutube.



#### **Holy Communion**

Holy Communion is celebrated each week at worship, with Communion at the Rail on the 1st Sunday of the month. Individual Communion cups, for your use at home, with wine or juice and bread, are available for pickup or local delivery. Gluten free options are also available. Please contact the Church Office by email at <u>stmarkmp@stmarkmp.org</u> or by phone at 847-253-0631 to order yours.

#### Page 4



#### **Health & Wellness Group!**

Thursdays from 10-11am Starting September 29 6-week class led by Occupational Therapy Students from Rush University. Free!

We will gather in the Assembly Room at the St. Mark Center, 200 S Wille Street, Mount Prospect, IL.

Bring your water! Invite your friends! Come ready for fitness and community.



All of St. Mark is invited to join the WOW kids and families in sharing a meal on
Wednesday, October 19 at 6:15pm.
We will cook hot dogs on a fire and enjoy s'mores. Contact Deacon David if you would like to bring anything else to add to the meal.



WILLKOMMEN! CONCERT POLKA SUNDAY, OCTOBER 9 4 PM

TIMOTHY SPELBRING, PIANO ST. MARK LUTHERAN CHURCH 200 SOUTH WILLE STREET, MOUNT PROSPECT 847.253.0631 • WWW.STMARKMP.ORG

To cap off the Village of Mt. Prospect's 2022 Oktoberfest celebration weekend, St. Mark is hosting this festive, free music event for our community.

Enjoy Polka favorites as St. Mark's multitalented Music Director brings the familiar oompah Polka rhythm to the piano in a program of Polka melodies, plus a couple of classical selections by Johann Sebastian Bach and Ludwig van Beethoven.

All ages welcome, invite your friends and neighbors too!



## American Indian and Alaska Native Ministry in the ELCA

By: Deacon David Webb

At this years' Metro Chicago Synod Assembly and Church Wide Assembly of the ELCA our church took important steps in renewing relationships with tribal communities. The church's work offers the St. Mark community some rich learning opportunities for ministry in the coming years.

At the Church Wide Assembly leaders from the tribal communities of the ELCA led the assembly in worship, learning, and setting priorities for justice work in the coming years. Presiding Bishop Eaton recommitted the church



to working with native communities, churches, and non-profits throughout the country to work for justice and center the experience of native people in our conversations as a church.

At the Metro-Chicago Synod Assembly, Vance Blackfox, Director of Indigenous Ministries and Tribal Relations led the synod in an immersive experience that conveys the history of indigenous people in North America after contact with settler colonists. The interactive experience is a prayerful and eye opening look at the extent of the genocide that indigenous people have endured at the hands of the U.S. government. After the experience, the synod committed to take important steps in renewing their relationships with tribal communities. Bishop Curry and synod staff have identified some early goals for congregations. One is for congregations to read and reflect on the ELCA's "Declaration to American Indian and Alaska Native People." You can find a copy of the document at this link: https:// download.elca.org/ELCA%20Resource%20Repository/ Declaration\_to\_American\_Indian\_Alaska\_Native.pdf

The Synod have also convened a Native American Ministry Team in Metro-Chicago. They have asked me to help organize the team because of my experience doing ministry with Indigenous communities.

As a local faith community, St. Mark has some great opportunities for learning and connecting with the wider community. We have been trained not to see the Indigenous folks who live in our midst. It is a more convenient story that Native Americans live somewhere else or "they've all died out." Mount Prospect is situated between Chicago, which has one of the largest urban American Indian communities in the country as a result of the U.S. government's Indian Relocation Act of 1956, and southern Wisconsin, where there are still tribes connected to reservations and their ancestral homelands. In September, we commemorated Orange Shirt Day on September 30<sup>th</sup> and learned about American Indian Boarding Schools and the Lutheran church's role in this part of the genocide of native people. In October, we will have the chance to reflect on Christopher Columbus Day and our call to share the gospel throughout the world. In November, we will examine the songs in our hymnal that come from American Indian and Alaska Native sources and artists.

We will continue to be in dialogue about learning and additional efforts to connect with the American Indian and Alaska Native community in our area. If you have questions or interests you'd like to pursue, I look forward to being in conversation.

#### Page 5





Saturday, October I, 2022: Nibblers 6:30 pm Moretti's Restaurant- Mt Prospect



Saturday, October 29: OCTOBERFEST 6:30 pm @ Schnell's Brauhaus – Palatine ONLY 20 seats available RSVP to Kim Perlich before space runs out or by October 22, whichever comes first!



Saturday, November 19: An Evening of Wine Tasting 7 pm in St. Mark Great Room

Led by Peter Lund, a Wine Connoisseur Taste various wines and learn about the perfect wine to compliment your upcoming Holiday gatherings, in a relaxed atmosphere. Not a wine-drinker? Come and enjoy a beer, soft drink or water and appetizers/desserts with friends.



December 4, 2022 BEARS vs PACKERS Game & Chili Cook-off I 1:30 am at the St. Mark Center. Vote on your favorite chili while you relax & cheer on your

favorite team. Stay tuned for more info.

Many thanks to everyone for your support of the Summer Barbecues by joining us for fellowship, delicious food, and time spent together. The many people that helped with set up, clean up and providing the delicious food, is really appreciated. Looking forward to gathering again.



#### Page 6

#### **Thoughts from the Loft**

On October 30 we celebrate the Reformation. Martin Luther was quite fond of music. In fact, he stated that music should stand next to theology as the greatest gift. Perhaps Luther's greatest hymn is "A



Mighty Fortress". We will sing it on October 30. It is based on Psalm 46. The first verse of this Psalm states: "God is our refuge and strength, a very present help in trouble". A Mighty Fortress speaks of God's ever-present might in times of difficulty. As such the text of the hymn ends with an affirmation: "The kingdom's ours forever!" We can rejoice that God has won the day and we are redeemed by Christ.

Peace, Tim



Fair Trade items will be on sale Sunday, October 23 Coffee, chocolate, olive oil, and more



BOOK CLUB We meet to discuss the selected book on the 4th Monday of each month at 1:00 PM in the Great

Room. All are welcome! Contact Nancy Snell for more information.

#### **2022 BOOK SELECTIONS**

October 24 - The Personal Librarian by Marie Benedict & Victoria Christopher November 28 - Wild by Cheryl Strayed



Quilters (knotters) will meet at 9:00am on these upcoming dates in the Quilting room (second floor of the Education wing):

Wednesday, October 19 and Tuesday, October 25 For more information, please contact Lynn Istwan or the Church Office at 847-253-0631.



#### **Caregiver Support Group**

Are you doing the important and challenging work of providing care for a loved one? Are you looking for mutual support in the midst of that? Join our Caregiver Support Group meeting

**Tuesday, October 4 and Tuesday, November 7** at noon in the Great Room. Bring your own lunch. Questions? Contact Pastor Christie.

#### Page 8

# God's Work. Our Hands.—Sept. I



# Thankoffering Sunday—Sept. 25

113 Quilts and 160 School Kits to send to Lutheran World Relief





Sunday Adult Education is using Living Lutheran as a resource for conversation. If you are not currently receiving this magazine and would like to, please contact the church office. This subscription is generously provided to all church members by the St. Mark Foundation.



There is a NEED for ushers for Sunday Services. It involves greeting and handing out bulletins and information cards, collecting the offerings and assisting in communion on the 1st Sunday of the month. If interested please contact Jack Adams or the Church Office at 847-253-0631.



#### **BUNCO FOR BREAST CANCER**

Sunday, October 2, 2022 at the St. Mark Center Doors open at noon Bunco Ipm-4pm



#### Update from the Treasurer

Period: Eight months ended August 31, 2022

Actual	Budget	Difference Favorable (Unfavorable)
\$292,827	\$336,537	(\$43,710)
\$351,895	\$336,537	(\$15,358)
(\$59,068)	0	(\$59,068)
	\$292,827 \$351,895	\$292,827 \$336,537 \$351,895 \$336,537



**SENIOR LUNCH BUNCH** (or anyone else who would like to join us)

#### Thursday, October 20 at 1:00pm

House of Szechwan 22 E. Northwest Hwy., Des Plaines

Order off the Menu

#### RSVP to Marilyn Gosell by Monday, October 17th

Mark Your Calender for Future Lunches

November 17, 2022 December 15, 2022

Thanksgiving Pot Luck

Trezeros

St. Mark Mt. Prospect



REFORMATION SUNDAY October 30

#### Wear Red!

Come and hear Chaplain Leslie Hunter preach with Pastor Carl Anderson presiding. Join

us after worship for a sermon conversation with Chaplain Leslie.



#### **Daylight Savings Time begins** Sunday, November 6

Remember to set your clocks back one hour before going to bed on Saturday.

#### Page II

Women ELCA



#### THANK YOU THANK YOU THANK YOU

Our St Mark congregation has been very generous with financial contributions, school supply items and assisting with the assembly of the Lutheran World Relief school kits. We appreciate your time and contributions. This year we assembled 160 school kits. The total is the most we have contributed in one year. We can be very proud of our service. A special acknowledgment to THRIVENT, who generously provided \$500 to be used for the school kit supplies. Without their assistance, we would of not been able to provide the 160 school kits for children in need. THANK YOU to all!



All women in Metro Chicago Synod congregations are invited to take part at this year's Synod Women's Organization annual convention/gathering on **Saturday, October 15**, 2022, from 8:30 a.m. until

3:30 p.m., at Trinity Lutheran Church, 3637 Golf Road, Evanston. This is an opportunity to meet women from other Lutheran churches and share ideas. The event theme is We Are One: Putting Pieces Together. There will be a keynote speaker, a Bible study, a breakout/discussion group, and a closing worship. Representatives of several ELCA/Synod partners will be present with information on their ministries. Lunch is included in the registration fee. Pre-registration is requested. You can find the registration form and more information can be found at: https://mcselca.org/swo-convention-2022/

#### **UPCOMING EVENTS:**



**November 23, 2022 "TRIM THE CHURCH"** 9:00 am in the Church Sanctuary

Preparing Our Church for the Advent Season. Come join us for the morning. Coffee cake, juice & coffee provided.



#### December 11, 2022 "A Holiday Outing" "ELF The Musical" 2 pm at The Drury Lane Theater reserved seating, and limited tickets Please join us for a wonderful, and entertaining musical.

The fituble

# 8

#### January, 2023 WELCA: Women's Bible Study is back "Listening For The Voice Of God"

Led by Deacon Pat Gerber Subject: "The Holy Spirit" Mondays at 7 pm or Tuesdays at 1 pm Please respond with your time choice to Judy Fell by November 27





Cheryl Collins **Chief Executive Officer** Holy Family Ministries

St. mark's,

Thank you for another year of hospitality as you welcomed our teachers, facutty and Staff members back to school. We appreciate your support! Churyl Calling CED

Man generosi Always, Thank You for the great lunch and all that yen de uden Adolso

Thankyoy For all yoy de Mr. King

Thank you for the cards, flowers, calls and visits following Dick's surgery. Your kindness is so appreciated. Dick & Dianne Quast

Thank you for the Altar flowers on my Birthday. They were lovely and brightened the day. Gloria Bazan

Dear St. Mark, Thank you so much for the Altar flowers. They were lovely and I thoroughly enjoyed them! Nancy Clauser

Hey St. Mark Friends, Thank you (once again!) for the beautiful bouquet of flowers. They certainly brightened up our house. The driver who brought them was delightful. Many, many thanks!

Beth and Ron Freeman





UNIVERSITY OF ILLINOIS CHICAGO In collaboration with AgeOptions



#### PAID Research Study About The Needs of Adults Age 50 And Older And Family Caregivers Who Live in Suburban Cook County!

Are you 50 years of age or older and live in suburban Cook County? Are you willing to answer few questions about services for older adults in your area?

**Or, Are you a caregiver and provide at least 4 hours per week of unpaid help** (such as cooking, cleaning, dressing, medication management, etc.) to:

- a person age 60 or older and you are 18 years of age or older, or
- a child age 17 or younger but you are not the biological parent of the child and you are 55 years or older, or
- a person with disability who is between 18-59 years old and you are 55 years or older?

Research Description and Purpose: Researchers at the University of Illinois Chicago want to identify the needs of older adults and family caregivers. Specifically, to better understand the needs of the population 50+ and family caregivers, determine any gaps in accessing services, and identify what impacts services for the population living in suburban Cook County.

What would happen if you took part in this study? You will complete a SURVEY or participate in a small group interview called FOCUS GROUP. The survey and the focus group will help us explore the needs of older adults and to better understand the barriers to access services.

Where will the research take place? You can complete the survey Online, over the phone, or on paper. You will receive a \$20 gift card after completing the survey. Focus Groups will take place Online on Zoom or at a location near you. You will receive a \$35 gift card after completing a Focus Group.

For more information about participating in this research study please Call 312-355-5905 or Email aoana@uic.edu Randa Abdelrahim, Project Coordinator

The principal researcher for this study is Kelly Hsieh, Ph.D at the University of Illinois Chicago at 1640 Roosevelt Rd, Chicago, IL 60608

OANA mail flier v1 - 6.7.2022 IRB #2022-0040



### OCTOBER 16 3-5 P.M. I ST. MARK'S PARKING LOT



## BOUNCE HOUSE

FACEPAINTING, MUSIC, HUBBY'S HOTDOGS, BAGS, CHALK, PUMPKINS AND MORE



DRINKS (INCLUDING ADULT BEVERAGES) WILL BE AVAILABLE BY CASH DONATIONS



Admission fee is \$5 per child (\$20 max per family). Money raised will be used by the PAC to support St. Mark's Preschool. Please RSVP by Friday, Oct. 7. **Click here to register or scan the QR code.** 





St. Mark's and St. Mark's Preschool will not be liable for any injury in the bounce house or at the fest.

#### Page 14

# OCTOBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 11am Wedding of Carl Anderson & Pat Gerber 6:30pm Nibblers
2 17th Sunday after Pentecost 10am Worship in the Sanctuary & Live on Facebook Later posted on YouTube 11am Meet the Council 1pm Bunco for Breast Cancer	<b>3</b> 4:30pm FaithWalk 5:00pm PADS	4 12pm Caregiver Support 3:30pm High School Leadership Development (HSLD)	5 4:30pm WOW	6 10am Exercise Group 10am Walk the Gym 6:30pm Bell Choir 7:00pm Vocal Choir	7	8
9 18th Sunday after Pentecost 10amWorship in the Sanctuary & Live on Facebook Later posted on YouTube 11am Adult Education 4pm Polka Concert	10 5:00pm PADS	<b>11</b> 3:30pm HSLD 7pm Worship & Music	12 4:30pm WOW	13 10am Exercise Group 10am Walk the Gym 6:30pm Bell Choir 7:00pm Vocal Choir	14	15
16 19th Sunday after Pentecost 10am Worship in the Sanctuary & Live on Facebook Later posted on YouTube 11am Adult Education 3pm Preschool Fall Fest	17 4:30pm FaithWalk 5:00pm PADS	18 3:30pm HSLD 7pm Church Council	19 4:30pm WOW 6:00pm Community Meal	20 10am Exercise Group 10am Walk the Gym 1pm Sr. Lunch Bunch 6:30pm Bell Choir 7:00pm Vocal Choir	21	22 12:00pm Private Party
23 20th Sunday after Pentecost 10am Worship in the Sanctuary & Live on Facebook Later posted on YouTube 11am Fair Trade on Sale 11am Adult Education	24 1pm Book Club 4:30pm FaithWalk 5:00pm PADS	25 3:30pm HSLD	26	27 10am Exercise Group 10am Walk the Gym 6:30pm Bell Choir 7:00pm Vocal Choir	28	29 6:30pm Oktoberfest
30 Reformation Sunday 21st Sunday ofter Pentecost 10am Worship in the Sanctuary & Live on Facebook Later posted on YouTube 11am Adult Education	<b>31</b> 5:00pm PADS					

#### St. Mark Lutheran Church 200 South Wille Street Mount Prospect, Illinois 60056-3121

October 2022

### God's work. Our hands.

Evangelical Lutheran Church in America www.elca.org

#### 2022-23 Church Council

Jon Kahney, President Diane Luper, VP Marilyn Gosell, Treasurer Judy Fell, Secretary

Andy Goodrich Laura Jakubowski Kim Perlich Paul Post Dianne Quast Steve Rusk Susan Supergan Dolores Uddenberg Claire Wynkoop

#### St. Mark Lutheran Church 847/253-0631 Fax: 847/253-5387 Email: stmarkmp@stmarkmp.org Website: stmarkmp.org

Pastor Music Director Parish Administrator Office Administrator Youth & Family Ministry

#### **Staff** Rev. Christie Webb Timothy Spelbring Nancy Hundley

Timothy Spelbring Nancy Hundley Jill Galyon Deacon David Webb

#### Sunday Worship: 10am In person and on Facebook Live then posted later to YouTube

Online: Check our Facebook page or our YouTube Channel Facebook page: <u>https://www.facebook.com/StMarkLutheranIL/</u> YouTube Channel: <u>https://tinyurl.com/stmarkmpyoutube.</u>

#### Youth Christian Education - Programming begins the week of August 22

WOW (3yrs through 5th grade): Wednesdays 4:30-6pm FaithWalk: Mondays 4:30-6pm 2 classes: 3rd thorough 5th grade & 6th through 8th grade (Confirmation) High School Leadership Development: Tuesdays 3:30-5pm Contact Deacon David for all Youth Program details

#### **Adult Christian Education**

Bible Study: On Summer Break

#### **Church Office Hours**

M-Th 8:30am-4:30pm, F 8:30am-12noon Call ahead to be sure someone will be available to greet you.

#### St. Mark Preschool & Enrichment Center

847/873-1110 Web: stmarkpreschoolcares.org

Preschool Director Allison Finnegan

